**KENYA MEDICAL TRAINING COLLEGE – NYAMIRA**

**END OF FIRST SEMESTER EXAMINATION**

**MARCH 2013 KRCHN CLASS (PRE-SERVICE)**

**COUNSELLING EXAMINATION**

DATE: 13/9/2013 TIME: ..................

**INSTRUCTIONS**

1. Enter your examination number and question number on each page used.
2. ALL questions are compulsory.
3. Omission of and or wrong numbering of a question or part of the question will result in 10% deduction of the marks scored from the relevant part.
4. Do NOT use a pencil.
5. Mobile phones are NOT allowed in the examination hall.

**PART ONE: MCQS (MULTIPLE CHOICE QUESTIONS) COUNSELLING – 5 MARKS**

Q.1. Restating what the client has said exactly is called:

1. Mirroring.
2. Paraphrasing.
3. Summarising.
4. Empathy.

Q.2. Exploration is one of the components in:

1. Humanistic theory.
2. The counselling process.
3. Psycho analysis.
4. The id.

Q.3. The following is included in the counsellor self concept:

1. Conscious, unconscious preconscious.
2. Self image, body image, ideal self and self esteem.
3. Id, ego, and super ego.
4. Listening, parroting and EUA model.

Q.4. Open ended questions are used when:

1. Collecting client’s data.
2. A client is not feeling well.
3. You need a client to explain issues.
4. Client is uncooperative.

Q.5. Empathy is:

1. When you question the client.
2. When you put yourself in the client’s shoes.
3. Sympathizing with a client.
4. When you let one into the private domain.

**PART TWO: SHORT ANSWER QUESTIONS COUNSELLING – 19 MARKS**

Q.1. Describe the core condition that a counsellor uses in counselling. 6 marks

Q.2. Define counselling. 1 mark

Q.3. Write short notes on SOLER. 6 marks

Q.4. State the EUA model of counselling. 6 marks

**PART THREE: LONG ANSWER QUESTIONS (ESSAYS) COUNSELLING – 15 MARKS**

Q.1. Describe five (5) counselling skills and how you can use then when admitting a

patient. 15 marks